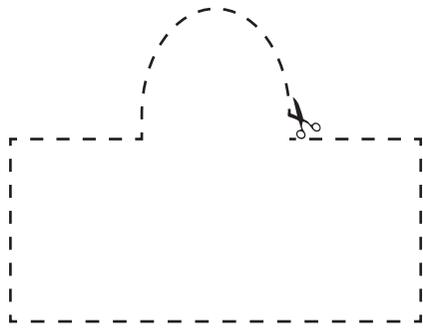


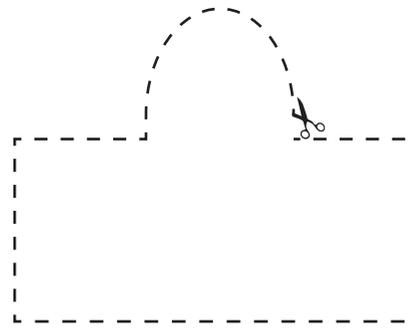
WHEN TO WASH YOUR HANDS

It's really important we keep our hands clean as it stops germs from spreading and keeps us healthy! Could you design five finger puppets on the templates below to help you remember **when** to wash your hands?

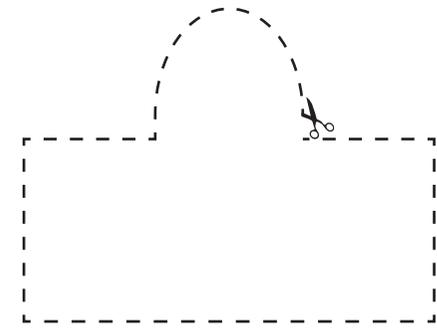
1. Cut around dotted lines
2. Colour, cut, and stick to create your puppet
3. Bend the tabs around your finger, then tape them together
4. Share your creations and handwashing tips with your friends!
#GOCreat! #HandHygiene



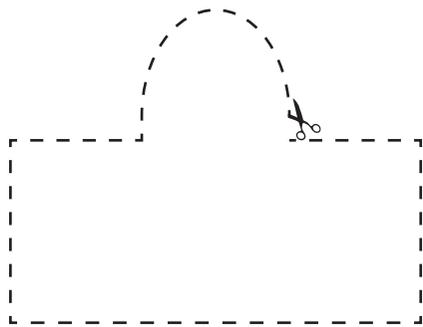
Before meals and touching food



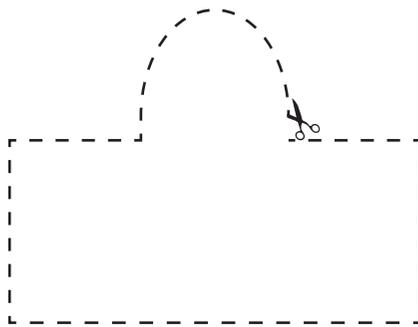
After coughing and sneezing



After playing outside



After using the toilet



After touching animals



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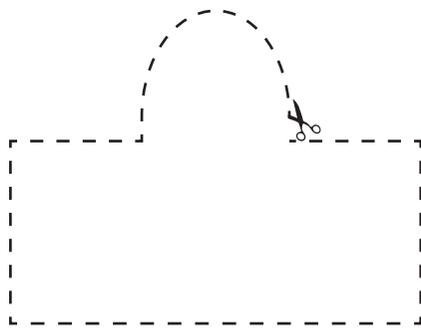
GO Create! is the arts and humanities programme at GOSH.
For more information please email gocreate@gosh.nhs.uk

For more information about infection prevention and control,
and how and when to wash your hands speak to the Ward
Sister or Nurse in charge of your ward

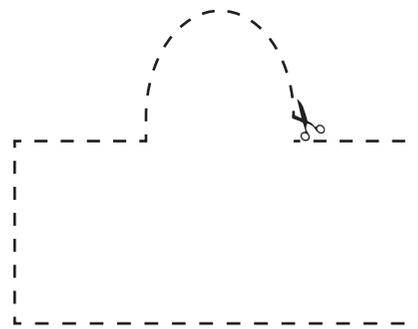
HOW TO WASH YOUR HANDS

It's really important we keep our hands clean as it stops germs from spreading and keeps us healthy! Could you design five finger puppets on the templates below to help you remember **how** to wash your hands?

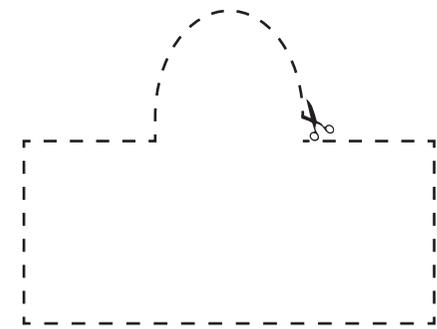
1. Cut around dotted lines
2. Colour, cut, and stick to create your puppet
3. Bend the tabs around your finger, then tape them together
4. Share your creations and handwashing tips with your friends!
#GOCreat! #HandHygiene



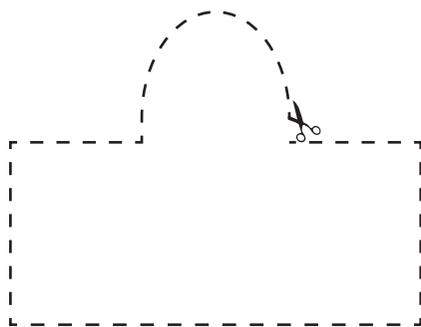
Wet your hands



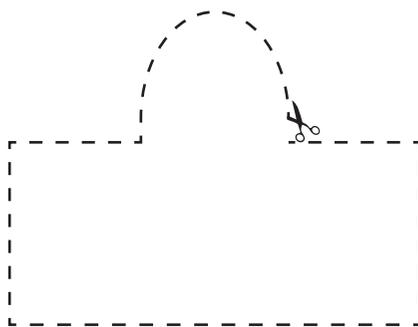
Use soap



Rub all over



Wash soap off



Dry well and bin towel



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